

Before use: Please print this list and fill it out

### List of alerts Acquired Brain Injury (ABI)

**We define brain injury as injury that arose in the course of life as a result of illness or accident. Brain damage birth defects or birth trauma is therefore not covered. Therefore, it is also referred to "acquired brain injury". The central feature is a "break in the lifeline": life before and after the injury differs fundamentally.**

Often (but not always) there is a complex combination of impairments, disabilities and handicaps, so that the client and his immediate surroundings (for example spouse / children) have to rely on multiple healthcare providers.

### Questionnaire

Have you experienced any of the following events in your life? They may have happened many years ago. For example, in your youth.

	Yes	No
• Accident resulting in a concussion or contusion	<input type="radio"/>	<input type="radio"/>
• Stroke - Cerebral Infarction / Cerebral Hemorrhage (CVA - TIA)	<input type="radio"/>	<input type="radio"/>
• Coma	<input type="radio"/>	<input type="radio"/>
• Cardiac Arrest - CPR	<input type="radio"/>	<input type="radio"/>
• Brain tumor	<input type="radio"/>	<input type="radio"/>
• Near-drowning	<input type="radio"/>	<input type="radio"/>
• Meningitis	<input type="radio"/>	<input type="radio"/>
• Poisoning (for example carbon monoxide, solvents, liver abnormalities)	<input type="radio"/>	<input type="radio"/>
• Alcohol / Drug use - addiction	<input type="radio"/>	<input type="radio"/>
• Epilepsy	<input type="radio"/>	<input type="radio"/>
• Other neurological disorders (such as MS, Parkinson's)	<input type="radio"/>	<input type="radio"/>

If you answered at least one question with a yes, then answer the following questions.

### Complaints about thinking:

	Yes	Sometimes	No
Do you have trouble concentrating?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
— When you read a book.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
— When you listen to a conversation.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
— Do you sometimes feel that people expect too much of you?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Do you often feel that the people surrounding you are too busy?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Is it hard for you to do two things at the same time? For example, talk while you cook dinner?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Do you have trouble finding the right words?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
If you are told something, do you have trouble keeping up?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
— Do you get rid of the core of what is told?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Do you have trouble remembering assignments / appointments?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
— Do you have trouble remembering the appointment while noting it in your agenda?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

**Physical complaints:**

	Yes	Sometimes	No
Does it sometimes occur to you that you are tired more often than before?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Do you have trouble keeping your balance?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
— Drunken walk?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
— Or seek support?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Do you have trouble recognizing odors	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Do you have trouble seeing?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
— Do you see spots?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
— Do you have trouble reading?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Does bright light bother you?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
— Or certain sounds?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

**Complaints in changes in personality, emotion and behavior:**

	Yes	Sometimes	No
Are you easily irritated?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
— When there are to many people around?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
— When there is too much noise?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Do you have trouble with unexpected events?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Do the people around you think you are emotional easier?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
— Are you angry or sad faster?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
— Do you laugh sometimes when it is not appropriate?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
— Doe the people around you think you are indifferent or cool?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Have you become more spontaneous?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
— Say yes to soon. If you had thought about it rather had said no	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
— Spend to much money on things you don't need	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
— Do you struggle to stop eating?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Do you have trouble keeping your household or administration in order?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Are there activities (household / hobby) waiting for you to pick them up?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
— Do you have problems starting something?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Do people around you tell you that you are thinking of yourself and not caring about others?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Do you think your life has changed?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Please ask you partner, children, relative or friends to answer these questions about you

If some of the questions are answered with yes of sometimes, get in contact with your doctor or a care facility specialized in brain injury.